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Justin on Martyr on the Resurrection

The good news is that the Son of God remains forever incarnate. Some struggle with this idea, thinking that Jesus shed human nature and left flesh behind at his resurrection. Our resurrection and ascension in Christ, and our adoption into the Triune Life, depend on the Son's permanent connection to our humanity.

From the earliest days of the apostles the permanent incarnation of the Son has been the church's teaching. Here's what Justin Martyr said in ca. 150 A.D.:

Why did He rise in the flesh in which He suffered, unless to show the resurrection of the flesh? And wishing to confirm this, when His disciples did not know whether to believe He had truly risen in the body, and were looking upon Him and doubting, He said to them, "Ye have not yet faith, see that it is I;" and He let them handle Him, and showed them the prints of the nails in His hands. And when they were by every kind of proof persuaded that it was Himself, and in the body, they asked Him to eat with them, that they might thus still more accurately ascertain that He had in verity risen bodily; and He did eat honey-comb and fish. And when He had thus shown them that there is truly a resurrection of the flesh, wishing to show them this also, that it is not impossible for flesh to ascend into heaven (as He had said that our dwelling-place is in heaven), "He was taken up into heaven while they beheld," as He was in the flesh.

Taken from Justin's book, On the Resurrection, Chapter 9.